



# Philadelphia's First Toastmasters

## Club Number 541, District 38

December 1, 2008

## A Toastmasters Gathering

Guests arrived from all parts of Eastern US and Canada for the District 38 Fall Conference held November 21<sup>st</sup> and 22<sup>nd</sup> in Malvern, PA. The conference organizers delivered on their promise to educate and inspire each of us to "Be Amazing".

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## Tips Learned at the Conference

### Table Topics

- Answer in form of a story.
- Close your eyes, picture an image before beginning your story.
- End your story with the answer to the question
- Story should contain Who, What, Where, and When.

### Speech Development

- Framework: Past, Present, and Future
- Mind Map: write down all relative ideas to your topic
- Select three of those ideas
- Tell each idea in the style of a Table Topic – 2 minutes each
- Three ideas = one 5-7 minute speech.

### 3 W's of Humor

**What** type? There are at least 20 types of humor. Most work; make sure not to offend your audience

**Where** to find humor? Readers Digest, joke books, real life situations (keep a notebook)

**When**? Every 1 to 1 1/2 minute in a 5-7 minute speech. Not as often for a longer presentation.

Humor is when a tale ends up in a place where the listener didn't expect.

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"Speech is power: speech is to persuade, to convert, to compel."

Ralph Waldo Emerson

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## Conference Winners

After an impressive contest where all participants were amazing, the following Toastmasters took home the awards:



### Table Topics

1. Shel Taylor
2. Jean Shipos
3. James Samuel

### Humorous Speech

1. Kevin Stepanuk  
"Tale of Two Speeches"
2. George Philip  
"Stick Shift Showdown"
3. Brian Thoma  
"Restroom Rescue"

## Quick Hits

- ⦿ Members who joined AFTER July 1<sup>st</sup>, 2008 are eligible for the Toastmasters ½ CC award. To qualify, visit [www.tmdistrict38.org](http://www.tmdistrict38.org) and submit the CC form by December 31, 2008. Next, present five speeches from your Competent Communicator manual at our club meetings. For more information call or e-mail Denise Dougherty at [EVPPhiladelphiaFirst@gmail.com](mailto:EVPPhiladelphiaFirst@gmail.com).
- ⦿ If you are planning to complete your Competent Communicator (CC) or Competent Leader (CL) manual by March 31<sup>st</sup>, go to [www.tmdistrict38.org](http://www.tmdistrict38.org) and register to receive a special incentive gift. You must register by December 31<sup>st</sup> to qualify.
- ⦿ Check out [www.centraltoastmasters.org/timer.html](http://www.centraltoastmasters.org/timer.html). The Massachusetts Toastmasters club offers a speech timer for practicing a 5-7 or 8-10 minute speech. The practice timer is complete with green (minimum time), yellow (one minute to go), red (maximum time) and flashing light when you are 30 seconds past the maximum.
- ⦿ Bring some cheer to others while supporting our troops this holiday season by sending a holiday card to

**A Recovering American Soldier  
Walter Reed Army Medical Center  
6900 Georgia Avenue, NW  
Washington, D.C. 20307-5001**

- ⦿ Coming in January...Get the Word Out – Toastmasters is the place to be.



## November Brainercise

Original endings for famous quotes.

### From Tyra Jackson:

Friends, Romans, Countrymen lend me...**your wallets (we are in a recession...hehe)!**

Speak softly and carry a...**distinct tone!**

These are times that...**we must treasure!**

Early to bed and early to rise...**is definitely a sign that you are old!**

To err is human...**so dust yourself off and try again!**

If you love someone...**be sure to love them like you have never loved before!**

A penny saved is...**one less spent!**

The best things in life...**are the ones worth fighting for!!**

### From Don Suplee:

Friends, Romans, Countrymen lend me...**Eva Longoria.**

Speak softly and carry...**a handful of marines.**

These are times that...**I normally take a nap.**

Early to bed and early to rise...**is absurd on a weekend.**

To err is human...**as proven by our congress.**

If you love someone...**make sure their spouse is unaware.**

A penny saved is... **not as wise as saving a dollar.**

The best things in life are...**all around us.**

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*Brainercise –The action of exercising the brain; increasing brain cells through an act of mental challenge; can be left or right brain activity.*

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## December Brainercise

Thanksgiving, Hanukkah, Christmas, Boxing Day, Kwanza, New Years – tis the season for holidays. For this month's Brainercise, tell us, what do the holidays mean to you?

Send submissions to [kmcananey@yahoo.com](mailto:kmcananey@yahoo.com).

Happy Holidays!

Members	CC	CL	ACB	ACS	ACG	ALB	ALS	DTM
Michael Anderson								
Mary Barchman	X							
Lyratah Barrett	X	X						
John Boxmeyer	X	X						
Maureen Broderick		X						
James Cantwell								
Denise Dougherty	X	X						
June Dressnandt								
Therese Dressnandt								
John Fitzpatrick	X							
Ilene Hass								
Tyra Jackson								
Bea Joyner	X							
Theresa Kuhar								
Alphonso Lassiter								
Jerry Lindauer								
Lee Loeb	X							
Kathleen Mc Ananey								
Susan Neely								
Rudi Ollivierre	X							
Pat Paulus		X			X			
Jennifer Raksnis								
Herb Rheinstrom		X			X			
Denise Rykard		X						
Rita Smith		X			X			
Sean Stallings								
Joan Stewart				X				
Don Suplee		X						
Robert Thornton		X						
Evilt Vertil								
Claude Vilfort								
Nona Wright								

Toastmaster Members

Achievements

## Upcoming Events

<b>Upcoming Meetings</b>	December 4 <sup>th</sup>
	December 19 <sup>th</sup>
	January 15 <sup>th</sup>
<b>Bill of Rights Day</b>	December 15 <sup>th</sup>
<b>Winter Solstice (shortest day)</b>	December 21 <sup>st</sup>
<b>Chanukah</b>	December 22 <sup>nd</sup> (8 days)
<b>Christmas Day</b>	December 25 <sup>th</sup>
<b>Boxing Day</b>	December 26 <sup>th</sup>
<b>Kwanzaa</b>	December 26 <sup>th</sup>
<b>New Years Eve</b>	December 31 <sup>st</sup>
<b>Get the Word Out</b>	January thru March

DECEMBER 2008						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

JANUARY 2009						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31