



Philadelphia's First Toastmasters Club Number 541, District 38

January 2, 2009

Inside This Issue

- 1 New Year's Resolution
- 1 Speaking of Speeches
- 2 Get the Word Out
- 2 Words from a Member
- 2 New Member
- 2 Brainercize
- 4 Achievements
- 4 Upcoming Events

Happy New Years!

Make Toastmasters part of your new year's resolutions. Set a goal to give a set number of speeches and dates on which each speech will be presented.

Speaking of Speeches

By Rita Smith

At some point in our life, we realize that we want to improve our ability to comfortably speak before a group of people. Philadelphia's First Toastmasters, chartered 60 years ago, is committed to that goal.

Your new member kit is filled with educational material to start you on your journey. I have listed some of the things that will enable you to prepare and deliver your speeches with the least amount of anxiety and fear. Consider the following:

1. Carefully review the guidelines for each speech in your CC manual. Review the "Objectives" box which defines the goals for your speech. Underscore points to help you prepare the text of your speech. Review the questions and comments found in the evaluator's page.
2. Prepare a short introduction for the Toastmaster of the Day. This is to include the title, purpose, and time for your speech.
3. When you are called to the lectern, shake the hand of the Toastmaster of the day.
4. Always be sure to address your audience. "Fellow Toastmasters and most welcome guests" is appropriate.
5. Place your notes on the lectern. Gently slide them across the lectern as you use them. Do not turn them over as this is a distraction to your audience.
6. Select a person on each side and in the middle of the room to make eye contact with – preferably a friendly face.
7. When timing your speech, allow for audience reaction to your message. Use pauses and vocal variety to emphasize a point.
8. Select topics you feel strongly about and then speak from your heart as well as your head.
9. When using props, have them set up prior to your speech.
10. Do not thank your audience. Remember you are among friends, your fellow Toastmasters who wish you well. Their applause is your thanks.

"The secret of a good sermon is to have a good beginning and a good ending; and to have the two as close to each other as possible."

George Burns



Get the Word Out!

Philly's First Membership campaign is in full swing.

Bring the most guests to a single meeting and the prestigious Lip Pillow is yours to hold and cherish for a two week period.

Bring the most guests for the length of the campaign (Jan – March) and receive a free six (6) month membership!

So tell one and tell all – Toastmasters is the place to be!

A Word from a Member

Dear fellow Toastmasters,

I would like to take this moment to express my gratitude toward you for all the life changing comments (to my first speech). I have to confess that I never felt so moved in my entire 44 years in existence. Your reactions make me feel like myself and like "a drop of water" returned to the ocean. District 38 operates in EXCELLENCE and I have always believed in excellence because it's not an option, it is a demand.

I'm looking forward to giving my next speech very soon,

Thank you, God bless.

Sincerely,

Evelt Vertil

New Member

Jason Gordon is the newest member of club 541. We look forward to hearing your speeches.

Welcome!

January Brainercise

Poetry is a fun way to exercise your writing skills. A Limerick poem is a 5 line stanza, with the first, second and fifth lines rhyming and having nine syllables and the third and fourth lines rhyming and having six syllables.

Example by Edward Lear:

There was an Old Person whose habits,
 Induced him to feed upon rabbits
 When he'd eaten eighteen
 He turned perfectly Green
 Upon which he relinquished those habits

Send your Limerick to kmcananey@yahoo.com.

Members	CC	CL	ACB	ACS	ACG	ALB	ALS	DTM
Michael Anderson								
Mary Barchman	X							
Lyratah Barrett	X	X						
John Boxmeyer	X	X						
Maureen Broderick		X						
James Cantwell								
Denise Dougherty	X	X						
June Dressnandt								
Therese Dressnandt								
John Fitzpatrick	X							
Jason Gordon								
Ilene Hass								
Tyra Jackson								
Bea Joyner	X							
Theresa Kuhar								
Alphonso Lassiter								
Jerry Lindauer								
Lee Loeb	X							
Kathleen Mc Ananey								
Susan Neely								
Rudi Ollivierre	X							
Pat Paulus		X			X			
Jennifer Raksnis								
Herb Rheinstrom		X			X			
Denise Rykard		X						
Rita Smith		X			X			
Sean Stallings								
Joan Stewart				X				
Don Suplee		X						
Robert Thornton		X						
Evilt Vertil								
Nona Wright								

Toastmaster Members

Achievements

Upcoming Events

Upcoming Meetings	January 15 th
	February 5 th
	February 19 th
New Years Day	January 1 st
Trivia Day	January 4 th
Thesaurus Day	January 18 th
Martin Luther King Jr. Day	January 19 th
Get the Word Out Campaign	January thru March

JANUARY 2009

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

FEBRUARY 2009

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28